

Kitchen Cleaning Checklist

DAILY

- Wipe up spills as they occur
- Clean up dishes, pans, pots after each meal
- Wipe down kitchen table, counters, stove top
- Scrub sink
- Empty trash
- Vacuum and mop

WEEKLY

- Clean inside of microwave
- Wash kitchen towels
- Clean left overs in refrigerator
- Check cleaning supplies and restock if needed
- Disinfect kitchen counter
- Wipe major appliances
- Toss expired food
- Wash garbage bin
- Deep clean underneath the kitchen sink

MONTHLY

- Organize pantry
- Clean dishwasher, coffee maker, oven
- Wash kitchen rugs
- Deep clean and disinfect the fridge
- Dust light, switches
- Wash windows
- Wash the cooking grease with degreaser

